



How to promote mental health during a pandemic?

Things we are doing in Iceland and what
the future holds

Mýrargarður and Covid

- Mýrargarður was opened in February 2020, the biggest resident building in Reykjavík
- 244 apartments and rooms
- 277 tenants
- Everyone visited the office to sign the contract and talk to us about their new homes
- A few weeks later everything changed



Electronic signing process

- April 2020 we began using electronic signatures for leases
- We do not get to meet as many of our new tenants
- Positive that we get more time to think of new things to do



Meeting residents

- We went to visit all apartments where people share facilities
- All of them felt at home and many of them were glad to live in shared apartments instead of studios
- Facebook page for residents living in rooms shared facilities to meet and get together
- Residents board to organize events for others living in Student Housing



Allocation rule relieve

- Reduced requirements on academic process
- Ceased reviewing length of residence
- Increased flexibility with payments



Additional support

- The UI fund
- Assembly halls opened studying
- Flexibility with transfers
- Student Housing Zoo – Dýragarður



The future

- The Flood
- Open application form – priority differs
- Brighter times ahead
- Hopefully no negative long term effects
- New Student Housing in August – 69 new rooms





THANK YOU
